

# ABOUT SPIRIT and SPIRIT ARTISTS

Written by Anne-Marie Bond

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## VIEWERS DISCRETION REQUIRED

The information provided within this hand-out is to help your understanding of Anne-Marie's perception and interpretation of the life of the Spirit people, the Spirit World, Mediumship and the ability of Spirit Artists and Psychic Artists.

No fact can be provided as this material simply contains 'her personal view'. As elements of Death will be discussed should this be of a nature that could offend, upset or confuse you please do not continue to read this material.

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## What is a Spirit Artist?

"A Spirit artist medium, like Anne-Marie, is a person who has developed a 6<sup>th</sup> sensory communication skill giving her the ability to connect with those people residing within the spiritual-realm.

As mediums we believe the spiritual realm hosts **the living spirits** of those that have passed through the physical term we call "death."

Anne-Marie's understanding of the word death means she sees it as the end of the physical body but the continuation of the inner spirit living in a dimension that no longer requires physical matter to exist. She sees it as a passing through dimensions of matter into a dimension of non-matter i.e. from one realm of existence to another and this process is what she calls our **"Spiritual Transition."**

Our physical bodies are not made to live forever; however, our Spirit, our Essence the light within, that spark of personality that makes us.... **US**, our consciousness is eternal; and at the point of our transition how we are in mind and behaviour is what we will see as familiarity within our first steps into the spirit world. As our mind thinks so shall we see to that of what we think.

Until such time through guidance and teaching from higher ascended beings once we are ready to continue our development will our spiritual unfolding of full understanding that the reality of our form is not one like the material world but that spiritual being that we are within seeking to gain ascension towards the living life force of our Godly spirit.

## DISTRAUGHT FAMILIES THAT ARE LEFT BEHIND

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Well, we're not really left behind are we? Left behind means you will never get there! You will too go to a different dimension. Those of us "left behind," miss our loved ones terribly and grieve the loss of both of their physical body and their essence. This is simply the completion of one chapter in our life and the start of a new one. But the discussion of death is something most will try to avoid until it happens to them. Death is more of a taboo conversation than a positive one, but if we were taught from a young age not to be afraid and accept it as a passage to spiritual growth, perhaps as adults we would deal better with the loss of our loved ones.

Life is like a boarding school; we must all return home one day. But of course the way in which our physical body expires is never easy to cope with and I can only hope the way I return "home" is in my sleep, thank you very much. I hope that's the spiritual contract I made.

## THE CONTINUED EXISTENCE OF THE HUMAN SOUL

Spiritual principle number four: after physical death, our souls, our spirits, will continue on. "We cannot die for the life of us" - Gordon Smith, Medium.

Because we have NO ability to prolong physical bodies for eternity, all of us must face the day of transition and progression. When loved ones transition before us, we can achieve comfort in the knowledge that they have arrived safe and well. This is done through the art of Mediumship, and a branch of that skill is Spirit Art. A Psychic Artist can draw a portrait of your loved one as proof of their continued survival.

## IS IT BAD TO CONNECT WITH THE SO CALLED "DEAD"?

This has nothing — I reiterate, nothing — to do with VODOO! Some people have a view that Spiritualists (like myself) talk to the devil or evil superior beings! Or think that allowing us to contact your loved one on your behalf will attract some kind of "evil" to you. Ignorant of the truth, I believed this myself for many years and wasted many valuable years of spirits trying to work with me (not against me).

Your family has not turned into zombies, you know! They are energy of consciousness, which means they can see, feel, and hear, but through vibration and thought. They may still require development on their side of life to learn how to communicate with us in a non-physical manner. The real reality of our lives will begin when we physically die! Now go and think about that one!

## THE ENERGY VIBRATION TO ALLOW SPIRITUAL COMMUNICATION

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The medium, the recipient and the spirit loved one's ability to blend with each other in a loving environment will determine how strong the portrait resemblance will be and how much evidence will come through. The sitter having an open mind, an open heart, and being free from the desire to speak to one particular person in spirit will increase positive energy in the sitting. Any negative thinking from the audience or the recipient will reach the medium or psychic artist and could create an imbalance in the harmony of the demonstration, possibly weakening the connection.

### WHO ARE SPIRIT ARTISTS?

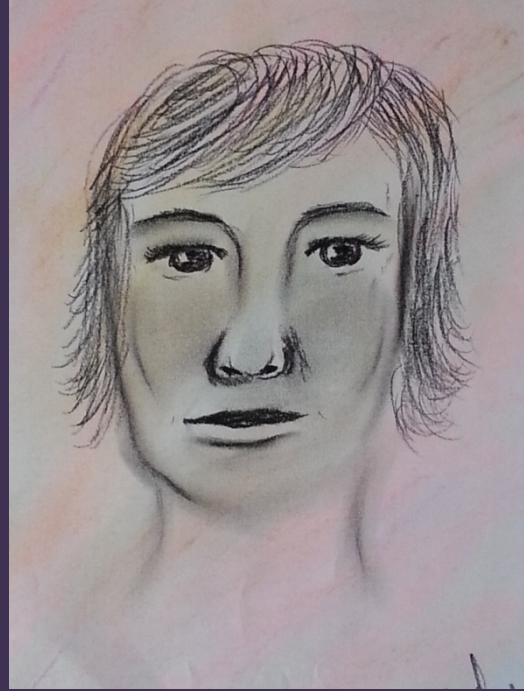
Most Psychic Mediums and Spirit Artists are just normal people like you and me. They may have a 9-5 day job, eat and sleep like you do. Go to the cinema, cry, scream, sulk, laugh and even over analyse stuff! They maybe people you sit next to on the train or serve you from behind the counter, perhaps your taxi driver and most likely the people you'll walk past in the aisles of Mind, Body Festivals. They are normal people who have awoken to their inner calling of spiritual enlightenment and learning how to develop in the physical life a way of connecting to others whether incarnate or discarnate.

By trade I am an IT Trainer, Teacher, and Motivational & Confidence Coach and, in my waking up to sleeping I dedicate my Mediumship skills to helping other people.

Most Spirit Artists like myself cannot draw for toffee and have never been to art school, but, somehow, they are able to work with their own Spirit Friends (Guide) in order to bring forward an incredibly amazing likeness to the Spirit Person.

### Spirit Portrait Artists of Our Past

There are many great psychic or spirit artists living today, but the ones like Frank Leah, Coral Polge, of the past and of the living so far *I love* Rita Taylors work, Sandy Ingham and of course myself lol. But in regards to Frank Leah's work and after viewing his unique drawings and reading his book and any other literature I've found he and Coral have inspired me to develop my spirit artistry even more. I invite you to learn about Frank Leah and Coral Polge's art.



# Spirit Portraits By Anne-Marie Bond

